



## KNEE PADS

THIGH **A** CALF **B**  
IN CM IN CM

<b>S</b>	14.5-15.5	36.5-39.5	12-13	30.5-33.0
<b>M</b>	15.5-16.5	39.5-42.5	13-14	33.0-35.5
<b>L</b>	16.5-17.5	42.5-45.5	14-15	35.5-38.0
<b>XL</b>	17.5-19.5	45.5-48.5	15-16	38.5-40.5

## SHIN GUARDS

CALF **A**  
IN CM

<b>S</b>	12-13	30.5-33.0
<b>M</b>	13-14	33.5-36.0
<b>L</b>	14-15	36.0-38.5
<b>XL</b>	15-16	38.5-41.0

## ELBOW PADS

BICEP **A** FOREARM **B**  
IN CM IN CM

<b>S</b>	11-12	28.0-30.0	7-8	17.5-19.5
<b>M</b>	12-13	30.0-32.0	8-9	19.5-21.5
<b>L</b>	13-14	32.0-34.0	9-10	23.0-25
<b>XL</b>	14-15	35.5-37.0	10-11	25.5-27.5